

shop & Learn



With Your Preschooler...

A trip to the grocery store can be a learning experience for your child. As you are shopping, talk with you child about...

COLORS-Name colors using fruits and vegetables.

SIZE & SHAPE-Talk about the size of cereal boxes. Compare shapes of fruits and vegetables.

COUNTING-Ask you child to help you count the cans of green beans going into your cart.

LETTERS-Can you find the letter "C" on the cereal box?

NEW WORDS-Travel through the store and take turns naming what you see. "I spy..."

OPPOSITES-Ask your child to help you look up/down to find items on the shelf. Show the top/bottom of a box. Let your child help put items in/out of the cart.

Make shopping with your preschooler an adventure in learning!

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Expand your grocery store learning experience by sharing with your child these picture books from the library...

Eating the Alphabet
By Lois Ehlert



Growing Colors
By Bruce McMillan

Just Enough Carrots
By Stuart Murphy

Each Orange Had Eight Slices
By Paul Giganti



Is It Larger? Is It Smaller?
By Tana Hoban

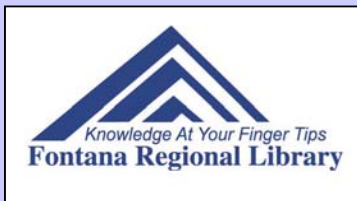
Shapes
By Karen Bryant-Mole



Food For Thought
By Saxton Freymann

Richard Scarry's First Little Learner's Treasury
By Richard Scarry

Ask your librarian to suggest other books for your preschoolers.



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