

**MY IMPORTANT PHONE NUMBERS**

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**IF THE POWER GOES OUT....**

Duke Energy – 479-3526

**FOR NON-EMERGENCIES**

Animal Control (Murphy) – 837-2304  
 Auto Tags – 479-4615  
 Driver’s Licenses – 479-2602  
 Fire – 479-3352  
 Rescue Squad – 479-3512  
 School Closings (bad weather) – 479-3413  
 Sheriff – 479-3352 or 479-7985

For a comprehensive list of resources in the region, follow the link on [www.regiona.org](http://www.regiona.org) to the regional *Human Services Directory*.



**Region A Partnership  
for Children**

*Our Vision: Witness the miracle...  
a nurturing community...a loving family...  
a smiling child...*

We are a public/private partnership that works together with families, non-profits, healthcare professionals, schools, churches, businesses, volunteers, and government agencies. Our goal is to ensure that all young children have the opportunity to succeed in school and in life.

116 Jackson Street, Sylva, NC 28779  
 (828) 586-0661 • (800) 550-0662  
[www.regionakids.org](http://www.regionakids.org)

*Quick Guides are available for Region A: Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain counties and the Qualla Boundary.*

**Quick Guide for Families In  
Graham County**

**FOR EMERGENCIES: 9-1-1**



**Poison Control Center:  
1-800-222-1222**

**Crisis Hotline:  
1-800-367-7287**

**HEALTH**

Dental Care (Medicaid eligible, 0-20 yrs old) –  
 In Asheville – (828) 350-1076  
 Good Shepherd Home Health & Hospice– 837-3430  
 Harris Regional Hospital (Sylva) – 586-7000  
 Health Department – 479-7900  
 •Breastfeeding Information  
 •Dental care (Medicaid eligible children)  
 •Health Check/Health Choice  
 Immunization Hotline – (800) 232-2522  
 In-home Aide Care (CAP) – 479-4201  
 Medicaid (Maternity, Child, Adult) – 479-7911  
 Murphy Medical Center – 837-8161  
 Murphy Urgent Care Center – 837-4712  
 NC Family Health Resource Line – (800) 367-2229  
 WCU Speech and Hearing Center 828-227-7457

Our Doctor(s): \_\_\_\_\_

Our Dentist: \_\_\_\_\_

Pharmacy: \_\_\_\_\_

**FAMILY/PARENTING**

Cooperative Extension – 479-7979  
 Family Support Network – (828) 456-8631 x 29  
 Maternal Outreach Worker – 479-7900

### CHILD CARE

Childcare Resource & Referral – 877-752-5955  
Child Care Subsidy – 479-4587  
Four Square Head Start – 479-8919  
Graham County Pre-Schools 479-3413  
NC Division of Child Development– (800) 859-0829

### FINDING A JOB/ JOB TRAINING

Employment Security Commission/Job Link Career Center – 479-2804  
Job Corps – LBJ (Franklin) – 524-4446  
Oconaluftee (Cherokee) – 497-5411  
Workforce Investment Act – 488-9211

### EDUCATION

Graham County Schools – 479-3413  
**Adult Education, GED classes, or English as a Second Language Instruction:**  
Southwestern Community College:  
Cherokee Center – 497-7233  
Swain Center– 488-6413  
Tri-County Community College – 479-9256

### FINANCIAL

Consumer Credit Counseling – (800) 737-5485  
Cooperative Extension – 479-7979  
Dept. of Social Services – 479-7911  
NC Child Support Enforcement – (800) 992-9457

### FOOD, CLOTHING, HEATING AND PERSONAL GOODS/SERVICES

American Red Cross (disaster) – (800) 728-9817  
Dept of Public Health (WIC) – 479-7900  
Dept. of Social Services – 479-7911  
Grace Fellowship Church Food Pantry – 479-3632  
Graham Co. Food Pantry (T-W-Th) – 479-3423  
Church of the Lamb Food Pantry - 479-2773

### NUTRITION INFORMATION

Cooperative Extension – 479-7979

### NC GENERAL INFORMATION LINE

Care Line – (800) 662-7030

### FUN THINGS TO DO

Graham County Public Library – 479-8796  
(all of the above have free Internet access)

Big Brothers/Big Sisters – (828) 253-1470  
Boy Scouts of America – (800) 526-6708  
Toddlers, Tunes and Fun - 479-3813  
Cooperative Extension/ 4-H Clubs – 479-7979  
Girl Scouts of America – (800) 522-6280  
Graham County Recreation – 479-7983  
(Park) 479-7980

Graham County Swimming Pool – 479-7983  
Stecoah Valley Arts, Crafts and Educational Center – 479-3364  
Stepping Stones Volunteer Program 479-2831  
Travel and Tourism/Visitor Center – 479-3790

### CHILD SAFETY CAR SEATS

Health Department – 479-7900

### SHELTER, HOUSING, & TRANSPORTATION

Dept. of Social Services – 479-7911  
Graham County Transportation – 479-4129  
Public Housing Authority (HUD) – 479-3001  
HOPE for Families – 479-4612  
Local Taxi Service: \_\_\_\_\_

### TO REGISTER TO VOTE

Board of Elections – 479-7969

### THRIFT STORES

HOPE for Families – 479-4612  
Church Mouse – 479-1184

### CHILDREN WITH SPECIAL NEEDS

Child Services Coordination (0-5 yrs) – 479-7900  
Children's Developmental Services Agency–837-7496  
Exceptional Children's Assistance – (800) 962-6817  
Family Support Network – (828) 456-8631 x 39  
Assistive Technology Resource Center WNC: 828-631-9461  
SW Child Development Commission – (800) 662-4158  
Graham Schools Exceptional Children's Program - 479-3413  
Smoky Mountain Center - 800-849-6127

### RESPIRE (TIME OFF) FOR CAREGIVERS

Jackson Co. Family Resource Center – 586-2845

### DISABILITIES

Four Square Community Action – 479-3001 or 321-0641  
Industrial Opportunities, Inc. – 321-4754  
Smoky Mountain Center – 800.849.6127  
Vocational Rehabilitation – 479-3376

### ALCOHOL OR DRUG ABUSE

AA Hotline – (800) 524-0465  
Alcohol/Drug Council of NC – (800) 688-4232  
Appalachian Community Services – 479-6466  
Smoky Mountain Center - 800-849-6127

### COUNSELING/MENTAL HEALTH

Crisis Hotline – (800) 367-7287  
Appalachian Community Services– 479-6466  
Smoky Mountain Center - 800.849.6127

### FAMILY VIOLENCE/ABUSE/NEGLECT

Dept. of Social Services – 479-7911  
HOPE for Families – 479-4332  
Domestic Violence Hotline – (800) 799-7233  
Center for Victims of Crime – (800) 394-2255

### LEGAL HELP/CONFLICT RESOLUTION

WNC Legal Aid (limited income)–(800) 458-6817  
Mountain Mediation Services – (800) 789-4675

### INFO FOR PEOPLE OVER 60 YRS OLD

Senior Citizen Center – 479-7977  
Southwestern Area Agency on Aging– 488-9211  
Veterans Services – 479-7966