



### CHILD CARE

Child Care Resource and Referral – 877-752-5955  
Child Care Subsidy (DSS) – 488-6921  
Four Square Head Start – 488-9756  
NC Division of Child Development– (800) 859-0829  
<http://ncchildcare.dhhs.state.nc.us>

### FINDING A JOB/ JOB TRAINING

Department of Social Services – 488-6921  
Employment Security Commission/Job Link Career Center – 488-2149  
Family Resource Center – 488-7505  
Oconaluftee Job Corps – 497-5411  
Vocational Opportunities of Cherokee – 497-9827  
Workforce Investment Act – 488-9211

### EDUCATION

Swain County Schools – 488-3129  
**Adult Education, GED Classes or English as a Second Language Instruction**  
Southwestern Community College:  
Swain Center – 488-6413  
Family Resource Center – 488-7505

### FINANCIAL

Consumer Credit Counseling–(800) 737-5485  
Cooperative Extension – 488-3848  
Dept. of Social Services – 488-6921  
NC Child Support Enforcement – (800) 992-9457

### FOOD, CLOTHING, HEATING AND PERSONAL GOODS/SERVICES

American Red Cross (Disasters) – (800) 728-9817  
Bryson City Food Pantry – 488-2480  
Dept of Public Health (WIC) – 488-3198  
Department of Social Services – 488-6921  
Family Resource Center – 488-7505

### NUTRITION INFORMATION

Cooperative Extension – 488-3848

### NC GENERAL INFORMATION LINE

Care Line – (800) 662-7030

### FUN THINGS TO DO

Mariana Black Public Library – 488-3030  
Family Resource Center – 488-7505  
(the above have **free Internet access**)

Big Brothers/Big Sisters – (828) 253-1470  
Boy Scouts of America – (800) 526-6708  
Chamber of Commerce – 488-3681  
Cooperative Extension/ 4-H Clubs – 488-3848  
Fitness Center: Ginger Lynn Welch Center (Cherokee) – 497-1960  
Girl Scouts of America – (800) 522-6280  
Parks and Recreation Dept. – 488-6159

### RESPIRE (TIME OFF) FOR CAREGIVERS

Jackson Co. Family Resource Center – 586-2845

### CHILD SAFETY CAR SEATS

Health Department – 488-3198

### SHELTER, HOUSING, & TRANSPORTATION

American Red Cross (disasters) – (800) 728-9817  
Department of Social Services – 488-6921  
Swain Co. Community Transportation – 488-3047  
Local Taxi Service: \_\_\_\_\_

### THRIFT STORES

PAWS Thrift Store – 488-1008  
St. Joseph's Thrift Shop – 488-2266  
Swain/Qualla SAFE Thrift Store – 488-4756

### ALTERNATIVE FOOD SOURCES

Farmer's Market: Saturday mornings, seasonally, corner of Veteran's Blvd and Main St.  
Family Resource Center—488-7505

### CHILDREN WITH SPECIAL NEEDS

Assistive Technology Resource Center WNC 828 631-9461  
Child Services Coordination (0-5yrs) – 488-3198  
Children's Developmental Services Agency–227-7488  
Exceptional Children's Assistance– (800) 962-6817  
Family Resource Center – 488-7505  
Family Support Network – (828) 456-8631 x 39  
SW Child Development Commission– (800) 662-4158

### DISABILITIES

Department of Social Services – 488-6921  
Vocational Opportunities of Cherokee – 497-9827  
Vocational Rehabilitation – 586-4032

### ALCOHOL OR SUBSTANCE ABUSE

AA Hot Line – (800) 524-0465  
Alcohol/Drug Council of NC – (800) 688-4232  
New Beginnings—586-3540  
Smoky Mountain Center – 488-6921

### COUNSELING/MENTAL HEALTH

Crisis Hotline – (800) 367-7287  
Smoky Mountain Center – 488-6921

### FAMILY VIOLENCE/ABUSE/NEGLECT

Center for Victims of Crime – (800) 394-2255 Dept. of Social Services – 488-6921  
Domestic Violence Hotline – (800) 799-7233  
Swain/Qualla SAFE Inc – 488-6809

### LEGAL HELP/CONFLICT RESOLUTION

WNC Legal Aid (if income limited ) – 488-4737  
Mountain Mediation Services – 488-8812

### TO REGISTER TO VOTE

Board of Elections – 488-6177

### INFO FOR PEOPLE OVER 60 YRS OLD

Department of Social Services – 488-6921  
Southwestern Area Agency on Aging – 488-9211  
State of Franklin Services for Senior Citizens – 488-3047  
Veterans Service Office – 488-9273