

MY IMPORTANT PHONE NUMBERS

IF THE POWER GOES OUT.....

Duke Energy – 524-2121

FOR NON-EMERGENCIES

Ambulance – 369-9116 or 524-2020
 Animal Control – 349-2106
 Auto Tag Agency – 369-8165
 Macon County Courthouse- 349-2000
 Driver Licenses – 524-3592
 Fire/Rescue – 524-2332
 Police – 521-2864
 Sheriff – 524-2811
 School Closings (bad weather)– www.mcsk-12.org
 or local radio and TV stations

For a comprehensive list of resources in the region, follow the link on www.regiona.org to the regional *Human Services Directory*.



Region A Partnership for Children

*Our Vision: Witness the miracle...
 a nurturing community...a loving family...
 a smiling child...*

We are a public/private partnership that works together with families, non-profits, healthcare professionals, schools, churches, businesses, volunteers, and government agencies. Our goal is to ensure that all young children have the opportunity to succeed in school and in life.

116 Jackson Street, Sylva, NC 28779
 (828) 586-0661 • (800) 550-0662
www.regionakids.org

Quick Guides are available for Region A: Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain counties and the Qualla Boundary.

Quick Guides for Families in Macon County

FOR EMERGENCIES: 9-1-1



Poison Control Center:
 1-800-222-1222
Crisis Hotline:
 1-800-367-7287

HEALTH

Angel Home Health - 369-4206
 Angel Medical Center – 524-8411
 Angel Urgent Care – 349-3114
 Breastfeeding Information – 349-2081
 Dental Care (Medicaid eligible, 0-20 yrs old) –
 In Asheville – (828) 350-1076
 Health Check/Health Choice – 586-6964
 Health Department – 349-2081
 Highlands Cashiers Hospital – 526-1200
 Hospice:
 Angel Hospice – 369-4417
 Highlands Cashiers Hospice – 526-1462
 Immunization Hotline – (800) 232-2522
 Medicaid (Maternity, Child, Adult) – 349-2124
 Medication Assistance – 369-5510
 NC Family Health Resource Line – (800) 367-2229
 Smoky Mtn. Pregnancy Care Center – 349-3200
 VA Outpatient Clinic: 369-1781
 WCU Speech and Hearing Center 828 227-7457
 Our Doctor(s): _____
 Our Dentist: _____
 Pharmacy: _____

FAMILY/PARENTING

Cooperative Extension – 349-2046
 Family Support Network – (828) 456-8631 x 29
 Macon County Library Programs – 524-3600
 Maternal Outreach Worker – 349-2081
 Parents as Teachers – 524-4471

CHILD CARE

Child Care Resource and Referral – 877-752-5955
Childcare Subsidy – 349-2156
MPP Head Start – 524-4471
NC Division of Child Development– (800) 859-0829
<http://ncchildcare.dhhs.state.nc.us>

FINDING A JOB/ JOB TRAINING

Employment Security Commission/ Job Link
Career Center – 369-9534
LBJ Center Job Corps – 524-4446
Workforce Investment Act – 586-1962

EDUCATION

Macon County Schools – 524-3314
**Adult Education, GED classes, or English as a
Second Language Instruction:**
Literacy Council – Franklin – 369-6983
Highlands – 526-9938
Macon Program for Progress – 524-4471
S.C.C. (Macon Center) – 369-7331
Center for Life Enrichment – 526-9938

FINANCIAL

Consumer Credit Counseling – (800) 737-5485
Cooperative Extension – 349-2046
Dept. of Social Services – 349-2124
Macon Program for Progress – 524-4471
NC Child Support Enforcement – (800) 992-9457

FOOD, CLOTHING, HEATING AND PER- SONAL GOODS/SERVICES

Angel Food Ministries – 524-5741
Dept of Public Health (WIC) – 349-2448 or 2450
Dept. of Social Services – 349-2124
First Alliance Church – 369-7977
First Baptist Church – 369-9559
First Presbyterian Church – 524-3119
Macon County Care Network – 369-2642
St. Frances Catholic Church – 524-2289
Second Mile – 524-5564

NC GENERAL INFORMATION LINE

Care Line – (800) 662-7030

FUN THINGS TO DO

Hudson Library - 526-3031
Macon County Public Library – 524-3600 (free Internet access)
Nantahala Library - 321-3020
Big Brothers/Big Sisters – 526-4308
Boy Scouts of America – (800) 526-6708
Franklin Chamber of Commerce – 524-3161
Highlands Chamber of Commerce - 526-5841
Cooperative Extension – 349-2046
Girl Scouts of America – (800) 522-6280
Highlands Park – 526-3556
Instant Theatre Company – 526-9938
International Friendship Center – 526-9938
MOPS (Mothers of Preschoolers) – 526-4153
Nantahala Park – 321-9352
Parks and Recreation – 349-2090

TO REGISTER TO VOTE

Board of Elections – 349-2034

CHILD SAFETY CAR SEATS

Health Department – 349-2081

SHELTER, HOUSING, & TRANSPORTATION

Dept. of Social Services – 349-2124
Habitat for Humanity – 369-3716
HUD Rental Assistance – 524-4471
Macon County Transit – 349-2222
Macon Co. Housing Dept. - 349-2000

THRIFT STORES

REACH of Macon County – 369-2040
Macon Co. Humane Society – 369-3046
Angel Hospital Auxiliary – 349-1118
Fibber Magee's Closet - 526-2591

ALTERNATIVE FOOD SOURCES

Wet Woods/ Dry Goods Food Co-op – 631-2690

NUTRITION INFORMATION

Cooperative Extension – 349-2046

CHILDREN WITH SPECIAL NEEDS

Assistive Technology Resource Center WNC 828 631-9461
Child Services Coordination (0-5 yrs) – 349-2465
Children's Developmental Services Agency– 631-3900
Exceptional Children's Assistance – (800) 962-6817
Family Support Network – (828) 456-8631 x 39
SW Child Development Commission– (800) 662-4158

RESPIRE (TIME OFF) FOR CAREGIVERS

Family Resource Center – 586-2845
Macon County Dept on Aging – 349-2058

DISABILITIES

Pathways to the Future – 631-1167
Vocational Rehabilitation – 349-2000

ALCOHOL OR SUBSTANCE ABUSE

AA Hotline – (800) 524-0465
Alcohol/Drug Council of NC – (800) 688-4232
Family Counseling Service – 526-9938
Smoky Mountain Center – 524-4435

COUNSELING/MENTAL HEALTH

Crisis Hotline – (800) 367-7287
Family Counseling Service – 526-9938
Family Restoration Program – 349-0345
Smoky Mtn. Pregnancy Care Center – 349-3200
Smoky Mountain Center – 524-4435

FAMILY VIOLENCE/ABUSE/NEGLECT

Center for Victims of Crime – (800) 394-2255
Department of Social Services – 349-2124
Domestic Violence Hotline – (800) 799-7233
Kid's Place – 524-3199
REACH – 369-5544

LEGAL HELP/CONFLICT RESOLUTION

WNC Legal Aid (limited income)–(800) 458-6817
Mountain Mediation Services – 349-2553

INFO FOR PEOPLE OVER 60 YRS OLD

Senior Services – 349-2058
Southwestern Area Agency on Aging– 586-1962
Veterans Services – 349-2151