

**MY IMPORTANT PHONE NUMBERS**

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**IF THE POWER GOES OUT....**  
Duke Power – 488-2116

**FOR NON-EMERGENCIES**  
Animal Concerns – 488-0418  
Auto Tags – 488-3838  
Driver’s Licenses – 488-3684  
Fire/Ambulance/Rescue Squad/Police  
– 488-2196 or 97  
School Closing (bad weather) – 488-3129  
Sheriff – 488-4844

For a comprehensive list of resources in the region, follow the link on [www.regiona.org](http://www.regiona.org) to the regional *Human Services Directory*.




**Region A Partnership  
for Children**

*Our Vision: Witness the miracle...  
a nurturing community...a loving family...  
a smiling child...*

We are a public/private partnership that works together with families, non-profits, healthcare professionals, schools, churches, businesses, volunteers, and government agencies. Our goal is to ensure that all young children have the opportunity to succeed in school and in life.

**116 Jackson Street, Sylva, NC 28779**  
**(828) 586-0661 • (800) 550-0662**  
**www.regionakids.org**

*Quick Guides are produced through a grant from the W. K. Kellogg Foundation for the SPARK Initiative (Supporting Partnerships to Assure Ready Kids). The Guides are available for Region A: Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain counties and the Qualla Boundary.*

**Quick Guide for  
Families In Swain County**  
**FOR EMERGENCIES: 9-1-1**  
**Poison Control Center:**  
 **1-800-222-1222**  
**Crisis Hotline:**  
**1-800-367-7287**

**HEALTH**  
Breastfeeding Information – 488-3198  
Dental Care (Medicaid eligible, 0-20 yrs old) –  
In Asheville – (828) 350-1076  
Far West Dental Clinic – 837-1397  
Harris Regional Hospital – 586-7000  
Health Department – 488-3198  
Health Check/Health Choice – 488-3198  
Immunization Hotline – (800) 232-2522  
Medicaid (Maternity, Child, Adult) – 488-6921  
NC Family Health Resource Line – (800) 367-2229  
Swain County Hospital – 488-2155  
West Care Home Health and Hospice – 586-7410  
WCU Speech and Hearing Center 828 227-7457  
**Our Doctor(s):** \_\_\_\_\_  
\_\_\_\_\_  
**Our Dentist:** \_\_\_\_\_  
\_\_\_\_\_  
**Pharmacy:** \_\_\_\_\_

**FAMILY/PARENTING**  
Cooperative Extension – 488-3848  
Family Resource Center – 488-7505  
Family Support Network – (828) 456-8631 x 29  
Parents as Teachers Program – 488-1494  
Western Carolina Pregnancy Care Center -  
488-5461 or 877-292-BABY

### **CHILD CARE**

Southwestern Child Care Resource and Referral –  
(800) 662-4158  
Child Care Subsidy (DSS) – 488-6921  
Four Square Head Start – 488-9756  
NC Division of Child Development– (800) 859-0829  
<http://ncchildcare.dhhs.state.nc.us>

### **FINDING A JOB/ JOB TRAINING**

Department of Social Services – 488-6921  
Employment Security Commission/Job Link  
Career Center – 488-2149  
Family Resource Center – 488-7505  
Oconaluftee Job Corps – 497-5411  
Vocational Opportunities of Cherokee – 497-9827  
Workforce Investment Act – 488-9211

### **EDUCATION**

Swain County Schools – 488-3129  
**Adult Education, GED Classes or English as a  
Second Language Instruction**  
Southwestern Community College:  
Swain Center – 488-6413  
Family Resource Center – 488-7505

### **FINANCIAL**

Consumer Credit Counseling–(800) 737-5485  
Cooperative Extension – 488-3848  
Dept. of Social Services – 488-6921  
NC Child Support Enforcement – (800) 992-9457

### **FOOD, CLOTHING, HEATING AND PERSONAL GOODS/SERVICES**

American Red Cross (Disasters) – (800) 728-9817  
Bryson City Food Pantry – 488-2480  
Dept of Public Health (WIC) – 488-3198  
Department of Social Services – 488-6921  
Family Resource Center – 488-7505

### **NUTRITION INFORMATION**

Cooperative Extension – 488-3848

### **NC GENERAL INFORMATION LINE**

Care Line – (800) 662-7030

### **FUN THINGS TO DO**

Mariana Black Public Library – 488-3030  
Family Resource Center – 488-7505  
(the above have **free Internet access**)

Big Brothers/Big Sisters – (828) 253-1470  
Boy Scouts of America – (800) 526-6708  
Chamber of Commerce – 488-3681  
Community Early Learning Group – 586-0661  
Cooperative Extension/ 4-H Clubs – 488-3848  
Fitness Center: Ginger Lynn Welch Center  
(Cherokee) – 497-1960  
Girl Scouts of America – (800) 522-6280  
Parks and Recreation Dept. – 488-6159

### **RESPIRE (TIME OFF) FOR CAREGIVERS**

Jackson Co. Family Resource Center – 586-2845

### **CHILD SAFETY CAR SEATS**

Health Department – 488-3198

### **SHELTER, HOUSING, & TRANSPORTATION**

American Red Cross (disasters) – (800) 728-9817  
Department of Social Services – 488-6921  
Swain Co. Community Transportation – 488-3047  
Local Taxi Service: \_\_\_\_\_

### **THRIFT STORES**

PAWS Thrift Store – 488-1008  
St. Joseph's Thrift Shop – 488-2266  
Swain/Qualla SAFE Thrift Store – 488-4756

### **ALTERNATIVE FOOD SOURCES**

Beautiful Day Farmer's and Artist's Market –  
(seasonal) – 488-8925  
Family Resource Center—488-7505

### **CHILDREN WITH SPECIAL NEEDS**

Assistive Technology Resource Center WNC 828 631-9461  
Child Services Coordination (0-5yrs) – 488-3198  
Children's Developmental Services Agency–227-7488  
Exceptional Children's Assistance– (800) 962-6817  
Family Resource Center – 488-7505  
Family Support Network – (828) 456-8631 x 29  
SW Child Development Commission– (800) 662-4158

### **DISABILITIES**

Department of Social Services – 488-6921  
Vocational Opportunities of Cherokee – 497-9827  
Vocational Rehabilitation – 586-4032

### **ALCOHOL OR SUBSTANCE ABUSE**

AA Hot Line – (800) 524-0465  
Alcohol/Drug Council of NC – (800) 688-4232  
New Beginnings—586-3540  
Smoky Mountain Center – 488-6921

### **COUNSELING/MENTAL HEALTH**

Crisis Hotline – (800) 367-7287  
Smoky Mountain Center – 488-6921

### **FAMILY VIOLENCE/ABUSE/NEGLECT**

Center for Victims of Crime – (800) 394-2255  
Dept. of Social Services – 488-6921  
Domestic Violence Hotline – (800) 799-7233  
Swain/Qualla SAFE Inc – 488-6809

### **LEGAL HELP/CONFLICT RESOLUTION**

WNC Legal Aid (if income limited ) – 488-4737  
Mountain Mediation Services – 488-8812

### **TO REGISTER TO VOTE**

Board of Elections – 488-6177

### **INFO FOR PEOPLE OVER 60 YRS OLD**

Department of Social Services – 488-6921  
Southwestern Area Agency on Aging – 488-9211  
State of Franklin Services for Senior Citizens  
– 488-3047  
Veterans Service Office – 488-9273